



CCRAS NEWS BULLETIN

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VISIT OF SH. NILANJAN SANYAL, SECRETARY (AYUSH) AND SENIOR OFFICERS OF CCRAS TO BERLIN, GERMANY

Dr. M M Padhi, Deputy Director (Technical), CCRAS visited Berlin, Germany along with Shri Nilanjan Sanyal, Secretary, Dept of AYUSH and Dr. D. C. Katoch, Joint Advisor (Ayurveda), Dept of AYUSH to attend a scientific symposium on Ayurveda Medicine – “Ayur Vision 2014” on 14th February 2014.



Shri Nilanjan Sanyal, Secretary, Dept of AYUSH, Dr. D. C. Katoch, Joint Advisor (Ayurveda), Dept of AYUSH and Dr. M M Padhi, Deputy Director (Technical), CCRAS at Charite University, Berlin, Germany on 14th February 2014.

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Dr. V.K. Lavaniya, R.O. (Ay.),

Dr. Renu Singh, R.O. (Ay.)

VISIT OF SH. NILANJAN SANYAL, SECRETARY, DEPARTMENT OF AYUSH TO NRIBAS, PUNE

Sh. Nilanjan Sanyal, Secretary, Department of AYUSH to NRIBAS, Pune on 31st January, 2014. The Secretary also planted a tree in the herbal garden of the Institute.



Sh. Nilanjan Sanyal, Department of AYUSH welcomed by the Assistant Director I/c of NRIBAS, Pune



Sh. N. Sanyal, Secretary, Department of AYUSH planting a tree in the herbal garden

Visit of Hungarian delegates to the Council

A Hungarian delegation led by Dr. Ivan Szalkai, Ayurveda Professor of University of Debrecen and Mr. Imre Semsei, Vice Dean from Health University of Debrecen visited CCRAS on 20th January 2014. The delegates were welcomed by Dr. M.M. Padhi, Deputy Director (Tech.), CCRAS. A brief overview of CCRAS Research Activities was given by Dr. Bharti, A.D. (Ay.). The delegates from Hungary discussed various issues including status of Ayurveda in Hungary and also possible avenues of mutual cooperation were discussed. Some relevant publications of CCRAS were presented to the guests. The meeting ended with vote of thanks by Dr. N. Srikanth, A.D. (Ay)



Discussion between Hungarian delegation and Council's officers in progress

VISIT OF PROF. DR. ABHIMANYU KUMAR, DIRECTOR GENERAL, CCRAS TO NEIARI, GUWAHATI

Prof. Dr. Abhimanyu Kumar, Director General, CCRAS visited NEIARI, Guwahati on 12th March, 2014. DG-CCRAS took a round of the Institute, appraised the ongoing activities and offered suggestions for further improvement.



Director General, CCRAS, New Delhi, along with Officers and Staff of NEIARI, Guwahati during his visit

MEDICAL AND HEALTH CHECK-UP CAMPS AND ETHNO - MEDICO - BOTANICAL TOURS

ARIMCHC TRIVENDRUM



A free medical camp organized by ARIMCHC at Mangad N.S.S. Hall, Thiruvananthapuram Kerala

General Health Medical Camp for mother and child was conducted by Dr. S. Indirakumari RO (SCT-4), Dr. K.S. Sethu RO (SCT-4) and Dr. Remya (Junior Consultant), Ayurveda Research Institute for Mother & Child health care, Thiruvananthapuram, organized by the Mangad Residents Association, Anapetty, Nedumangad on 27-02-2014 at Mangad N.S.S. Hall

NARIVBD VIJAYAWADA

- Free Ayurvedic Medical Camp was conducted at S.S.P. Municipal Corporation Upper Primary. School Seetannapeta, Vijayawada, on 26-01-2013.
- Free Ayurvedic Medical Camp and health awareness programme was conducted at R. G. M. C. H. School, Rajivnagar, Payakapuram Vijayawada on 13-03-2013.

ATHCRP, PORT BLAIR



The ATHCRP in collaboration with AYUSH Hospital, Directorate of Health Services, A & N Administration conducted Tribal Health Care Survey of Teresa Islands and provided Ayurvedic treatment to 157 Nicobaree tribal peoples through survey and free Ayurveda medical camps. At the same time IEC material distribution and health awareness was also created among them.

During last three month ATHCRP also provided consultation and free Ayurveda treatment to 554 general patients and 67 geriatric patients through OPD.

The medico-botanical research project team conducted three survey tours of South Andaman and Mayabunder Forest Division and surveyed 10 forest beats of 3 Forest Range. The team collected 309 plant specimens along with 10 folk claims.

NADRI, BANGALORE

Health camps

- Free Geriatric Camp was organized by NADRI Bangalore on 18.01.2014 at Jnanashrama, Bannerghatta Road, Bangalore. The team was lead by Dr. S.H.Doddamani, R.O. (S2).
- Free Ayurveda Geriatric Medical Camp was organized by NADRI Bangalore on 22.2.2014 at Jnanashrama, Bannerghatta Road Bangalore. The team was lead by Dr. Kishore Kumar R. RO (Ay).
- Geriatric camp was conducted on 29.3.2014 at Jnanashrama, Bannerghatta Road, Bangalore. The team was lead by: Dr. S. K. Giri. R.O. (S2).

Medico-Ethno-Botanical Survey Tours

The unit for Survey of Medicinal Plants has conducted 1 long tours in Gadag and Koppal districts, 1 short local tour in Uttara Kannada district and collected 40 Folklore claims.

ALRCA, CHENNAI

Dr. Achanta Lakshmi Pathi Research Centre for Ayurveda conducted a free Ayurveda medical camp along with the Vocational Rehabilitation center for Handicapped, CTI Campus, Guindy, Chennai on 28/03/2014 from 9:00 am – 4:00 pm. Medical camp was inaugurated by Shri G.Thangaraj, Deputy Director, R.C. Vocational Rehabilitation center for Handicapped. In this camp free medicines were distributed to the gathering. During this camp, about 190 patients with different ailments attended and availed free consultation and treatment. 50 patients were screened for Blood Glucose with One Touch select Glucometer and 100 trainees and patients screened for urine sugar and albumin through Urine analysis strips.

IEC/OTHER AWARENESS PROGRAMMES / AROGYA MELAS UNDER TAKEN AND PARTICIPATED BY THE COUNCIL

NIAPR, PATIALA

1. STATE AROGYA FAIR 2014 HELD AT PHAGWARA (KAPURTHALA)

This Institute has participated in the “State AROGYA Fair” held at Phagwara District Kapurthala (Punjab) from 28th to 29th January 2014. The Arogya Mela was inaugurated by Hon'ble Smt. Santosh Chowdhary, Minister of State for Health and Family Welfare, Govt. of India on 28th January 2014. Sh. Nilanjan Sanyal, IAS, Secretary Department of AYUSH, Ministry of Health & Family Welfare, Govt. of India; Sh. A.K. Ganeriwala, Joint Secretary, Department of AYUSH, Ministry of Health &

Family Welfare, Govt. of India has attended the inaugural function. A total no. of 1623 patients were examined and provided free medicine.

2. AROGYA FAIR 2014 HELD AT GHOMAN, SRI HARGOBINDPUR (GURDASPUR)

This Institute has participated in the “AROGYA Fair” held at Ghoman, District Gurdaspur (Punjab) from 3rd to 4th February 2014. The Arogya Fair was inaugurated by Hon'ble Smt. Santosh Chaudhary, Minister of State for Health and Family Welfare, Govt. of India on 3rd February 2014. A total no. of 1780 patients were examined and provided free medicine.

3. AROGYA FAIR 2014 HELD AT FAZILKA (PUNJAB)

This Institute has participated in the “State level AROGYA Fair” held at Fazilka (Punjab) from 7th to 9th February 2014. The Arogya Fair was inaugurated by Hon'ble Sh. Surjit Kumar Jyani, Minister of Health and Family Welfare, Govt. of Punjab on 7th February 2014. A total no. of 4812 patients were examined and provided free medicine.

ACRI, MUMBAI

- This Institute has participated ‘Ayurvedic Mahotsava – 2014’ organized by Nisarg Arogya Sanjivani, Goa, a charitable and educational Trust on 28th – 30th March, 2014 at Mapusa, Goa. Dr. R. Govind Reddy, R.O. (Ay.) In-charge; Mr. Brijesh S. Sisodia, R.O.; Mr. Prakash N. Nijai, UDC; Mr. Praveen B. Ghadigaonkar, Peon; Mr. Alpesh Ghag, Driver has participated in this programme.
- This Institute has organized a ‘Meeting of Cancer Patients’ on Saturday, the 29th March, 2014 in the premises for Cancer patients, cancer survivors and their relatives for to share their views and experiences. Nearly 30 cancer patients along with their relatives and friends attended this meet.

PARTICIPATION OF COUNCIL'S OFFICERS IN DIFFERENT TRAININGS / WORKSHOPS

CCRAS, NEW DELHI



Dr. M M Padhi, Deputy Director (Technical), CCRAS and Director I/C CCRYN presenting the memento to Shri Nilanjan Sanyal, Secretary, Dept of AYUSH and Prof. Dr. Abhimanyu Kumar, DG, CCRAS in the workshop on Research Methodology organized by CCRYN from 3 to 7 February 2014

- Dr. Bharti, A.D. (Ay.) and Dr. Shruti Khanduri, R.O. (Ay.) have actively participated in the Training programme on “Science, Technology and Emerging Trends in Governance” from 3rd – 7th February 2014 at Indian Institute of Public Administration, IP Estate, Delhi.

- Dr. Bharti, A.D. (Ay.) presented a paper on “Research Methodology in Ayurveda” in National Training Workshop on Research Methodology for Academicians and Researchers of North Eastern States held on 7th – 8th March 2014 at NEIARI Guwahati, Assam.



Dr. Bharti, Assistant Director, CCRAS, New Delhi honored by NEIARI, Guwahati during training workshop



Dr. Bharti, Assistant Director, CCRAS, New Delhi making presentation on “Research Methodology in Ayurveda” during the training workshop at Guwahati.

- Dr. V.K. Lavaniya, R. O. (Ay.), Dr. Renu Singh, R. O. (Ay.), Dr. Vimal Tewari, R. O. (Ay.) participated in the Training Workshop on Research Methodology organized by CCRYN, New Delhi at CCRAS Hqrs. from 2nd – 7th February, 2014.

NARIVBD, VIJAYAWADA

- Dr. G.K. Swamy and Dr. T. Maheswar participated in the Orientation Workshop on CCRAS-Research Management Information System (RMIS) for Core Working Group Members at CCRAS, New Delhi on 21st March 2014.

NADRI, BANGALORE

- Dr. Kishore Kumar R. RO (Ay) participated in the Training Workshop on Research Methodology Organized by CCRYN, New Delhi from 2.02.2014 to 7.2.2014 at CCRAS Headquarters..
- Dr. Kishore Kumar R. RO (Ay). attended as a teaching faculty and delivered talk “Traditional Ayurvedic approaches for diagnosing and treating PD” on 05.03.2014 in the Parkinson’s disease (PD) education programme entitled “Understanding Parkinson’s disease from Clinics to Basics” Org. by Dept. of Neurophysiology and Neurology at NIMHANS- Bangalore.
- Dr. V Rama Rao, R.O. (Bot.) participated and presented a poster on “Diversity of the genus Solanum in Karnataka State, India” in the National workshop on “Conservation, Cultivation and Exploration of therapeutic potential medicinal plants of North Eastern States” organized by Ayurveda Regional Research Institute, Itanagar, Arunachal Pradesh held on 10.03.2014 to 11.03.2014.
- Dr. G. Venkateswarlu, Research Officer (Scientist 3) in-charge, and all NADRI Staff participated in the Hindi workshop organized by NADRI Bangalore for NADRI on 13.03.2014. Dr. Kishore Kumar R. RO (Ay) delivered a talk on “राजभाषा हिन्दी का प्रास्ताविक अवलोकन” in the workshop.
- Dr. G. Venkateswarlu, Research Officer (Scientist 3) in-charge and Dr. Kishore Kumar R. RO (Ay) attended the Orientation workshop on CCRAS RMIS for core working group members & review meeting of ongoing research projects of CCRAS’ institutes on 21.03.2014 at CCRAS Hqrs New Delhi. Dr. G. Venkateswarlu, Research Officer (Scientist 3) in-charge also presented progress of the ongoing IMR projects.

PUBLICATIONS BY CCRAS AND INDIVIDUAL OFFICIALS OF THE COUNCIL

CCRAS, NEW DELHI

- N. Srikanth, Bharti, Shruti Khunduri, M. M. Padhi and Abhimanyu Kumar, Medicinal Plants in Eye Care and Exploration of their Therapeutic Potential: Evidence Based Translational Approach (Book Chapter) in the book ‘Conservation, Cultivation and Exploration of Therapeutic potential of Medicinal Plants’ published by Central Council for Research in Ayurvedic Sciences, Department of AYUSH, Ministry of Health & Family Welfare, Government of India, New Delhi, March 2014.
- N. Srikanth, B. S. Sharma, S. Singh, V. K. Lavaniya , G. C. Bhuyan, M. M. Padhi and Abhimanyu Kumar published a paper on ‘Psychological disorders and Ayurveda: Concept, Management and Select Research Contributions’ in the proceedings of National Work shop on ‘Ayurvedic Management of Non-communicable Diseases prevalent in North Eastern States, February 2014 Pp 103-108 (ISBN No.978-93-83864)
- Abhimanyu Kumar, M. M. Padhi, N. Srikanth, Bishnupriya Dhar and Anupam Mangal; ‘Conservation, Cultivation and Exploration of Therapeutic potential of Medicinal Plants’(Book) published by Central Council for Research in Ayurvedic Sciences , Department of AYUSH, Ministry of Health & Family Welfare, Government of India, New Delhi, March 2014
- N. Srikanth, S. Singh, M. M. Padhi and Abhimanyu Kumar published a paper on ‘Non Communicable Diseases (NCDs) and their Management: An appraisal of Research and Development in Ayurveda’ in the proceedings of National Work shop on ‘Ayurvedic Management of Non-communicable Diseases prevalent in North Eastern States, February 2014 Pp 24-40 (ISBN No.978-93-83864)
- N. Srikanth, Anupam Mangal, Bishnupriya Dhar, M. M. Padhi, Abhimanyu Kumar published a book chapter “Good Agricultural and Field Collection Practices for Medicinal plants: Retrospect and Prospect” in the book ‘Conservation, Cultivation and Exploration of Therapeutic potential of Medicinal Plants’ published by Central Council for Research in Ayurvedic Sciences, Department of AYUSH, Ministry of Health & Family Welfare, Government of India, New Delhi, March 2014.

NARIVBD, VIJAYAWADA

- Dr. T. Maheswar, R.O. (Ay.) Published an article “Statistical data of Service Oriented Survey and Surveillance study and Community Health Care Research Programme of Krishna District (Andhra Pradesh)” in JRAS January – June 2011, Vol. XXXII, No. 1-2.
- Dr. V. Nagalakshmi, Ex. R.O.(Ay.) Published an article “Effect of Amashaya Shodhana with Varuna Twak Kashaya in the management of Parinamasula (Duodenal Ulcer)” in JRAS January – June 2011, Vol. XXXII, No.1-2.

NADRI, BANGALORE

- Shubhashree M.N*., Venkateshwarlu G. published an article “Rationale behind the use of betelvine in Ayurveda Compendium” in the proceeding of seminar ‘National meet on Betelvine-Farmers, Traders & Researchers interface’ Feb.2014 organized by Indian Institute of Horticulture Research, Bangalore.
- Shubhashree M.N* published an article “Home remedies and recipes of betelvine” in the proceeding of seminar ‘Bulletin of National meet on Betelvine - Farmers, Traders and Researchers Interface’ Feb.2014, organized. by Indian Institute of Horticulture Research, Bangalore.
- Shubhashree. M.N*, Doddamani. S.H., Venkateshwarlu. G., Govinda Reddy R. published an article “Nutritional importance of Dadhi (Curds) in Ayurveda -A review” in Ayurveda Renaissance. Jan – March 2014; Vol XII No. 1.

- G. Venkateshwarlu*, T.R. Shantha, Kishore Kumar. R, M.N. Shubhashree. R.G. Reddy published a paper "Preliminary standardization of Vasavaleha prepared by two different methods of extraction" in Journal of Indian System of Medicine. Jan.-Mar., 2014. Vol.2, N-1, pp.27-33.
- Rama Rao V*, Shiddamallayya, G. Venkateshwarlu published an article "Diversity of the genus Solanum in Karnataka State, India" in 'Souvenir of National workshop on "Conservation, Cultivation and Exploration of therapeutic potential medicinal plants' of N-E States" org. by ARRI, Itanagar. March, 2014 Pg No: 26
- Doddamani. S. H* Giri. S. K. Shubhashree. M. N Neetha. G Hemavathi.K.H Anandkumar, Venkateshwaralu. G. published a paper "The effect of Ayurvedic compound (herbo-mineral) formulations on renal function w.r.t urea and creatinine – an observational study" in the seminar proceedings of International Seminar on Ayurveda in Public Health, Kochi, Kerala. 20th -24th February, 2014; 15-OR 4; pp. 328
- Kishore Kumar R* Venkateshwarlu G. published as a chapter "Traditional approaches in diagnosing and treating Parkinson's disease" in the teaching course material for seminar on PD, organized by dept. of Neurophysiology & Neurology, NIMHANS, Bangalore. March, 2014.
- S. H. Doddamani* Giri. S. K Shubhashree M. N., Kishore Kumar R., Venkateshwaralu G., Sridhar B. N Neetha. G, Hemavathi.K.H. published a paper "Glycemic effect of Honey on Non-Diabetic and diabetics - A comparative study" in Vaidyaratnam Medical Journal, July 2013; Combi Volume 36 & 37, No.23, pp 10 -13.

NIAPR, PATIALA

1. Biresh Sarkar, Suraj Khodre, Praveen Patel, Mayank Mandaniya published a paper "HPLC analysis and antioxidant potential of plant extract of *Cassia Alata*" in Asian Journal of Pharmaceutical Science and Technology, vol 4, issue 1, 2014.
2. Sarkar B., Devgan M., Chowdary A. and Ramaiah M published a paper "Screening of antibacterial activity of essential oil obtained from plant *Zanthoxylumbudrunga*" in Indian Journal of Advances in Plant Research, 2014, Vol 1(1):33-35.
3. Devgan M., Sarkar B., Ramaiah M. and Chowdary A. published a paper "Properties and applications of some traditional Ayurvedic Formulations" in Indian Journal of Advances in Plant Research, 2014, Vol. 1(1):36-39.
4. Harjeet Singh, Rajesh Sannd and Biresh Kumar Sarkar published a paper "Pharmacognostic Evaluation of *Achyranthes Aspera* Linn. Whole Plant" in CIB Tech Journal of Pharmaceutical Sciences, 2014 Vol.3 (1) January – March, pp.6-11.

TRAININGS CONDUCTED / PARTICIPATED BY COUNCILS INSTITUTES/OFFICERS AND HINDI WORKSHOPS

CCRAS, NEW DELHI

- 65th Meeting of Rajbhasha Working Committee was held on 16th January 2014 at CCRAS Hqrs.

ARIMCHC, TRIVENDRUM

- A Hindi workshop was organized in the Institute on 29.3.2014. Dr. K.P. Ushakumari, Asst. Professor, Dept. of Hindi, M.G. College, Trivandrum was the chief guest and she discussed on the different aspects of Official language and National language and gave a short talk on the importance of relationship in today's Society life.

HARC, NAGALAND

- Dr. Balaji Potbhare, R.O. (Ay.) participated in the Nagar Rajbhasha Karyanwayan Samiti Meeting held at dimapur, Nagaland on 30th Jan. 2014.

NIAPR, PATIALA

1. संस्थान के तीन कर्मचारियों को हिन्दी कंप्यूटर प्रशिक्षण के लिए नामित किया गया।
2. संस्थान में दिनांक 21-03-2014 को एक दिवसीय हिन्दी कार्यशाला का आयोजन किया गया।
3. एक दिवसीय हिन्दी कार्यशाला में अन्य कार्यालयों से भी कर्मचारियों ने भाग लिया।
4. संस्थान की राजभाषा कार्यान्वयन समिति की बैठक दिनांक 24-03-2014 को संस्थान प्रभारी की अध्यक्षता में बुलाई गई।
5. संस्थान के अधिकारियों व कर्मचारियों की रचनाओं से तैयार पत्रिका राजभाषा- आयुर्वेद के संग का विमोचन किया गया।

IMPORTANT MEETINGS / SEMINARS / CONFERENCE ORGANIZED / PARTICIPATED BY COUNCIL'S INSTITUTES / SCIENTISTS

CCRAS, NEW DELHI

- **Orientation workshop on CCRAS Research Management Information System (RMIS):** Council has organized an “Orientation workshop on CCRAS Research Management Information System (RMIS) for core working group members and the review meeting of ongoing research projects of CCRAS institutes” on 21st March, 2014 at CCRAS Hqrs., New Delhi. Scientists of CCRAS peripheral Institutes and Hqrs. participated in this event. The information Brochure on RMIS was released by Prof. Dr. Abhimanyu Kumar, Director General, CCRAS along with Dr. M.M. Padhi, Deputy Director (Tech.). Prof. Dr. Abhimanyu Kumar in his inaugural address emphasized on improvement of Quality of Research & Development in the field of Ayurveda in general and post graduate, doctoral research in particular. He further laid stress on successful implementation of RMIS and to extend fullest co-operation and support to upcoming research scholars in this field. Later, “An over view of RMIS” highlighting important features of the program was presented. Followed by this, detailed discussions were held among the Core Group Members regarding execution of the program. It was decided that this programme will be executed at National Institute for Indian Medical Heritage (NIIMH), Hyderabad.
- **Review of ongoing research projects at CCRAS peripheral Institute:** A meeting was held to review the ongoing research projects carried out at CCRAS peripheral institutes on 21st March, 2014 at CCRAS Hqrs., New Delhi. The officers from 16 CCRAS Institute presented the progress of ongoing research projects and reviewed by Hqrs.



Orientation workshop on CCRAS – RMIS in progress



Release of RMIS Brochure by Prof. Dr. Abhimanyu Kumar, Director General, CCRAS and Dr. M.M. Padhi, Deputy Director (Tech.), CCRAS

- **International conference on Multidisciplinary Healthcare:** An International conference on Multidisciplinary Healthcare – AIIMS 2014 was held from 9th – 14th Jan. 2014 at AIIMS, New Delhi. In this conference, Prof. Dr. Abhimanyu Kumar, DG CCRAS presented a paper on “Strength of Pediatric practice in Ayurveda”. Dr. P.K.S. Nair, A.D. (Ay.) presented paper on “Ayurvedic Management of Neurological Disorders”. Dr. Bharti, A.D. (Ay.) presented paper CME on the topic “Concept of Rasayana, preventive & palliative health in Ayurveda”. Dr. N. Srikanth, A.D. (Ay.) presented paper on “Current position & challenges in Ayurvedic Research”. Dr. Adarsh Kumar, A.D.(Ay.) presented paper on “Status of education in Ayurveda”. Dr. Gurucharan Bhuyan, Dr. S.K. Vedi, Dr. Renu Singh, Dr. B.S. Sharma, Dr. Vimal Tiwari, Research Officers from CCRAS actively participated in this conference. Some distinguished academicians from reputed Ayurvedic Institutes delivered their lectures.
- **Training workshop on operational procedure, management and updation of the e-portal:** One day training workshop has been conducted on 25th March, 2014 at National Medicinal Plants Board for covering the operational procedure, management and updation of the e-portal entitled “Database on Medicinal Plants” under ‘Comprehensive Database on Some Important Medicinal Plants having High Trade Value’ a project sponsored by National Medicinal Plants Board, Department of AYUSH. Dr. (Mrs.) Bishnupriya Dhar, AD (Pharmacognosy) S-3 & Project investigator, Dr. Chinmay Rath, RO (Botany) from CCRAS, New Delhi and Mr. Sunil Kumar, Director NIC along with Mr. Bhuvnesh Mishra, Scientist-C, NIC were present in the aforesaid training workshop. www.nmpb-mpdb.nic.in
- Internal Scrutiny Committee meeting for EMR projects was held on 28th March 2014 at Committee Room of CCRAS Hqrs. under the chairmanship of Dr. Abhimanyu Kumar, Director General CCRAS.

NEIARI, GUWAHATI

National Workshop on Ayurvedic Management of Non-Communicable Diseases Prevalent in North Eastern States

The North Eastern India Ayurveda Research Institute (NEIARI), Guwahati (Assam) has organized a two day National Workshop on Ayurvedic Management of Non-Communicable Diseases Prevalent in North Eastern States during 19th-20th February, 2014. The prime objective of the two day workshop comprises disseminating the merits of Ayurveda and research outcomes in the management of NCDs among academicians, researchers and physicians across the country in general and North Eastern States in particular. The workshop was attended by about 20 Resource Persons and panelists from reputed institutes from various corners across the country. About 80 participants participated in this workshop.



Inaugural Session of workshop on NCD, 19th-20th February 2014

NARIVBD, VIJAYAWADA

- Institutional Ethical Committee meeting was conducted on 28.03.2014 to obtain IEC clearance for the Annual Action Plan Projects Bronchial Asthma and Chronic Bronchitis.

National Training Workshop on Research Methodology for Academicians and researchers of North Eastern states

The North Eastern India Ayurveda Research Institute (NEIARI), Guwahati (Assam) has organized a two days “National Training Workshop on Research Methodology for Academicians and researchers of North Eastern states” during 7th-8th March, 2014. The workshop was attended by about 10 Resource Persons and panelists from reputed institutes from various corners across the country, 70 participants comprising of faculty members, PG Scholars from Ayurvedic colleges, Medical officers, scientists from CCRAS etc. participated in the workshop.



Inaugural Session of training workshop on Research methodology, 7th-8th March 2014

AYURVEDA REGIONAL RESEARCH INSTITUTE, ITANAGAR

National workshop on conservation, cultivation, and exploration of therapeutic potential of medicinal plants of North eastern states

This institute has organized a 2 days National workshop on conservation, cultivation, and exploration of therapeutic potential of medicinal plants of North eastern states at Banquet Hall, Itanagar during 10-11 March, 2014. The workshop was inaugurated by Mrs. Indra Mallo, I.A.S., Secretary, Health, Government of Arunachal Pradesh, Itanagar as Chief Guest in presence of Professor Abhimanyu Kumar, Director General, Central Council for Research in Ayurvedic Science, New Delhi, as Guest of Honour. Professor V.K. Joshi, Department of Dravaguna, Banaras Hindu University, Varanasi, Dr. Kartik Nishing, Director, Directorate of Health Services, Government of Arunachal Pradesh, and Shri C.D. Singh, I.F.S., Director, State Forest Research Institute, Chimpu, Itanagar, Department of Environment and Forest, Government of Arunachal Pradesh were present as special Guests in this workshop.



Prof. Dr. Abhimanyu Kumar, DG, CCRAS lighting the lamp with the presence of Mrs. Indra Mallo, Dr. Kartik Nishing, Shri C.D. Singh, Dr. Rama Shankar & Prof. V.K. Joshi.

ARIMCHC, TRIVENDRUM

- The Institutional Ethics Committee meeting was conducted on 10-03-2014 for obtaining approval for the new IMR project entitled “Clinical evaluation of Khadirarishta and Kanchanara Guggulu in the management of Uterine Fibroids: An Exploratory Study” submitted by Dr. S. Indirakumari RO (SCT-4), at ARIMCHC Poojappura, Thiruvananthapuram.
- The following officers/officials participated in the National Seminar on Safety and Efficacy of Herbo-Mineral formulations of Siddha (SEHFS-2014) organized by Siddha Regional Research Institute, Thiruvananthapuram, Kerala held at Rajiv Gandhi Centre for Biotechnology, Thiruvananthapuram, Kerala, on 24th and 25th January 2014.

- Dr. S. Indirakumari RO I/C, Dr. K.S. Sethu, RO (SCT-4), Dr. Susmita P. Otta, RO (Ay.), Dr. M. Srinivasan, RO (Bio-Chem.) and Smt. B. Padmaja Sr. Consultant (Bot.) participated in the Workshop.
- Dr. Susmita P. Otta Co-chaired the scientific deliberations of SEHFS-2014 on 24-01-2014.
- Dr. S. Indirakumari RO (SCT-4) gave the felicitation address at the valedictory function on 25-01-2014.
- Dr. S. Indirakumari RO (SCT-4) & Smt. B. Padmaja attended the work shop organized by Pharmacognosy unit, Poojapura, Govt. Ayurveda College Thiruvananthapuram on the methods of cultivation, protection and use of medicinal plants in connection with the Sathothara Rejatha Jubilee Celebration.

HARC, NAGALAND

- Dr. Balaji Potbhare, R.O. (Ay.) participated in the two days National Workshop on “Non communicable Diseases Prevalent in North Eastern States” on 19th & 20th Feb. 2014 organized by NEIARI, Guwahati.
- Dr. Balaji Potbhare, R.O. (Ay.) participated in the two days National Training Workshop on “Research Methodology for Academician and researchers of North Eastern States” on 07th & 08th March 2014.

NIAPR, PATIALA

1. Dr. Rinku Tomar, R.O. (Ay.) attended the orientation of workshop on CCRAS –RMIS for core working group members and the review meeting of ongoing research projects on 21.03.14 at CCRAS, New Delhi.
2. Dr. Rajesh Sannd, Institute In-charge, Sh. Harjeet Sing, R.O. (P'cognosy) and Dr. Harbans Singh, R.O. (Ay.) attended the UGC sponsored National seminar on 26.03.14 at Punjabi university, Patiala.

ARRI, MANDI

- Dr. S.K. Sharma, & Dr. Om Raj Sharma, Scientists of the Institute attended CME on 24.01.2014 at Hotel River Bank Mandi (H.P.). The CME was organized by The Himalaya Drug Company.
- Dr. Om Raj Sharma, Research Officer (AY.S-4) and Sh. R.K.Parmar, Consultant (Admin.) attended the “National Voters Day” function organized by the Election Commission of India on 25.01.2014 at Dy. Commissioner Office Mandi H.P.



Dr. Om Raj Sharma, R.O. (Ay.) S-4, second from the right along with other participants from all over India

Dr. Om Raj Sharma, Research Officer (Ay.) S-4, ARRI, Mandi attended the National Conference & Exhibition on “Divine Medicinal Plants, Plant based medicinal products, Panchgavya and their role in integrated development of rural areas” jointly organized by Department of AYUSH, CSIR and Arogya Bharti, Bhopal, at Vigyan Bhawan New Delhi on 21st and 22nd February, 2014. The Conference was inaugurated by the Hon’ble Vice President of India, Sh. Hamid Ansari.

- Dr. Om Raj Sharma, S-4 visited the Research Institute of Indian System of medicine, Joginder-Nagar, Mandi, Himachal Pradesh as representative of C.C.R.A.S nominated by the Director AYUSH, Ministry of Health & Family Welfare, Government of India to assess the achievement and performance of the project implemented by them under the Central Sector grant-in-aid scheme for up gradation of Centre of Excellence (CEO) on 25/3/2014.

SCIENTIFIC PRESENTATION, GUEST LECTURE, RADIO / TV TALKS AND INTERVIEWS BY COUNCIL'S OFFICERS

CCRAS, NEW DELHI

- Dr. Bharti, A.D. (Ay.) presented a radio talk at 102.6 FM on 8th January 2014 for preventive health in changing season through Ayurveda.
- Dr. Bharti, A.D. (Ay.) participated as a guest for the programme “Good Evening India” on the topic, “Common / Seasonal ailments and their management with Ayurveda” at DD – 1 National TV channel, Doordarshan Kendra, New Delhi from 4:00 – 5:00 pm on 18th March 2014.
- Dr. Bharti, A.D. (Ay.) delivered lecture on “Basic Principles of Ayurveda” to Indonesian delegation visiting India on a short term course at Committee Room of CCRAS Hqrs. on 25th March 2014.
- Dr. N. Srikanth, Assistant Director, CCRAS, New Delhi presented a paper on 'Current Position and Challenges in Ayurveda Research –Suggested Strategic Approach at international conference on Multidisciplinary HealthCare, All India Institute of Medical Sciences (AIIMS). New Delhi; held on 9-14th January 2014



Dr. N. Srikanth, Assistant Director, CCRAS, New Delhi making presentation on 'Non Communicable Diseases during the workshop at Guwahati held from 19th -20th February, 2014.



Dr. N. Srikanth, Assistant Director, CCRAS, New Delhi addressing in the Panel discussion organized during the workshop at Guwahati held from 19th -20th February, 2014.

- B.S.Sharma, ,S.Singh,,V.K.Lavaniya , N .Srikanth ,G.C.Bhuyan, M.Padhi and Abhimanyu Kumar made a poster presentation on “Mental Disorders- Research Contribution of CCRAS’ at National Work shop on ‘Ayurvedic Management of Non-communicable Diseases prevalent in North Eastern States ’ organized by North Eastern India Ayurveda Research Institute (NEIARI), Guwahati , Assam, held on 19th -20th February 2014.
- Dr. N. Srikanth, Assistant Director, CCRAS, New Delhi presented a paper on Contributions to Research and Development in Ayurveda: Challenges, way forward and suggested Translational Approach, in International conference on Ayurveda & Lifestyle disorders, Association of Ayurvedic

professionals of North America(AAPNA) at Indira Gandhi Pratisthan Kendra, Lucknow on 15-16th February 2014

- Dr. N. Srikanth, Assistant Director, CCRAS, New Delhi made a presentation on Activities and Achievements of CCRAS during Visit of Mozambican Delegation at Central Council for Research in Homoeopathy, New Delhi on 23.01.2014
- N. Srikanth, Assistant Director, CCRAS, New Delhi delivered guest lecture on Aroma Therapy in Ayurveda in the Training cum workshop on Aromatherapy and Herbal cosmetics ; Fragrance & Flavour Development Centre, (Government of India), Makrand Nagar, Kannauj -208726 U.P held from 4th - 7th February 2014
- Dr. N. Srikanth, Assistant Director, CCRAS, New Delhi was invited as expert and participated in **Workshop on Content enrichment of National Health Portal** , organized by National Institute of Health and Family Welfare, Ministry of Health & Family Welfare, Government of India, New Delhi. held on 27.2.2014.
- Dr. Sulochana, B.S.Sharma,NSrikanth ,M.M.Padhi and Abhimanyu Kumar made a poster presentation on “An overview of policies for integration of AYUSH systems in the prevention and management of Chronic Non Communicable lifestyle diseases in India” at National Work shop on ‘Ayurvedic Management of Non-communicable Diseases prevalent in North Eastern States ’ organized by North Eastern India Ayurveda Research Institute (NEIARI), Guwahati , Assam held 19th -20th February 2014
- N. Srikanth, Assistant Director, CCRAS, New Delhi delivered a guest lecture on ‘A Comprehension on Concept and applications of Aroma Therapy in Ayurveda in the ‘Training cum workshop on Aromatherapy and Herbal cosmetics organized by Fragrance & Flavour Development Centre, (Government of India), Kannauj -208726 At Hotel Connaught, New Delhi on 8th March 2014
- N. Srikanth, Assistant Director, CCRAS, New Delhi delivered guest lecture on “Ayurveda Based Therapeutic Principles and Approaches” in the Training Program for Indonesian Delegates held at CCRAS Hqrs ,New Delhi held from 30.3.2014 to 1.4.2014
- N.Srikanth, Assistant Director, CCRAS, New Delhi delivered guest lecture on “An Overview of CCRAS-Research Management Information System (RMIS)” in the Orientation Workshop on CCRAS-Research Management Information System (RMIS) at Central Council For Research In Ayurvedic Sciences , New Delhi held on 21st March 2014

ATHCRP, PORT BLAIR

- Dr. Santosh S. Mane, R.O. (Ayu.) participated in a Seminar of “Innovations & Advances In Science & Technology” organized by Indian Science Congress Association on 23/01/2014 -24/01/2014.
- Dr. Santosh S. Mane, R.O. (Ayu.) attended the “World TB Day 2014” organized by Directorate of Health Services & UT Health Mission on 24/03/2014.
- Dr. Santosh S. Mane, R.O. (Ayu.) delivered a lecture on “Role of Ayurveda for Health” organized by Chinmaya Mission on 30/03/2014.

NADRI, BANGALORE

- Dr. Kishore Kumar R, RO (Ay) was participated as resource person and guest speaker on the State level seminar/workshop on Neuroscience, organized by District AYUSH Office, Govt. of Karnataka, Belgaum, held from 28.01.2014 to 29.01.2014. He presented a paper on “Nervous system Examination and Neurodegenerative disorders”.

- Dr. Kishore Kumar R. RO (Ay) participated as a teaching faculty and delivered talk “Traditional Ayurvedic approaches for diagnosing and treating PD” in the education programme entitled “Understanding Parkinson’s disease from Clinics to Basics” organized. by Dept.of Neurophysiology and Neurology at NIMHANS- Bangalore on 05.03.2014.
- Dr. V Rama Rao RO (Bot.) participated and presented a poster on “Diversity of the genus Solanum in Karnataka State, India” at National workshop on “Conservation, Cultivation and Exploration of therapeutic potential medicinal plants of North Eastern States” organized by Ayurveda Regional Research Institute, Itanagar (Arunachal Pradesh) from 10.03.2014 to 11.03.2014.
- Dr. G.Venkateshwarlu, Research Officer (Scientist 3) in-charge and Dr. Kishore Kumar R. RO (Ay) attended Orientation workshop on CCRAS RMIS for core working group members & review meeting of ongoing research projects of CCRAS’ institutes at CCRAS Hqrs New Delhi on 21.03.2014.
- Dr. Kishore Kumar R. RO (Ay) delivered a talk on ‘Art of protocol writing’ at State Level Seminar on Research Methodology and Biostatistics organized by Rajiv Gandhi Education Society’s Ayurvedic Medical College and Hospital, RON, Gadag district, Karnataka on dated 28.03.2014.

NIAPR, PATIALA

- Dr. Rajesh Sannd, Institute Incharge, delivered a lecture in National seminar on 26.03.14 at Punjabi university, Patiala.

AWARDS / HONOURS RECEIVED BY COUNCIL’S OFFICERS

CCRAS, NEW DELHI

- Prof. Dr. Abhimanyu Kumar, Director General, CCRAS and Dr. M. M. Padhi, Deputy Director (Tech.), CCRAS & Director I/c, CCRYN received life time achievement awards in “**International Conference on Multidisciplinary Health Care AIIMS 2014**” on 13th January 2014 at AIIMS, New Delhi.

NARIVBD, VIJAYAWADA

- Dr. R. Kumara Swamy, A.D. I/c & Dr. G. Babu received prize for the Hindi Antyakshari competition conducted by TOLIC, Vijayawada. Dr. T. Maheswar received appreciation certificate from TOLIC, Vijayawada. Smt. V. Neelima, UDC received second prize in the Hindi Essay Writing competition conducted by TOLIC, Vijayawada.



Dr. G. Babu, A.D.(Ay.) receiving a memento from Shri Pradeep Kumar, DRM, South Central Railway, Vijayawada and Chairman TOLIC, Vijayawada for successful implementation of Rajabhasha Hindi programmes.



Dr.R.Kumara Swam, A.D.i/c and Staff of NARIVBD, Vijayawada celebrating Republic day celebrations on 26.01.2014

NADRI, BANGALORE

Dr. V. Rama Rao, R. O. (Bot.) was awarded a consolation prize of Rs. 1000/- in the competition “Know Your Medicinal Herbs” for his outstanding photography during Annual Photographic Competition conducted by the CSIR-CIMAP, Lucknow on 26th March, 2014.

ANY OTHER IMPORTANT ISSUES RELATED TO COUNCIL ACROSS THE COUNTRY AND GLOBE

NADRI, BANGALORE

Initiation of New Campus Building for NADRI, Bangalore in the Sanctioned Land: As a sequel to the grant 4.11 acres / guntas of land by the Government of Karnataka and subsequent grant of possession of the 2 acres 12 guntas, the record of rights of the sanctioned land was transferred in the name of NADRI on 25th January 2014. Subsequently as per MoU with CPWD, Bangalore for the purpose of construction of compound wall, tube well drilling and erecting a security cabin, the work is initiated. The drilling of tube well was completed on 12th Feb 2014 and the construction of compound wall is under progress.

ARIMCHC, TRIVENDRUM

Inauguration of Institute’s New Building: The New building of Ayurveda Research Institute for Mother and Child Health Care (ARIMCHC), Poojapura, Thiruvananthapuram, was inaugurated on 3rd March 2014 by Hon’ble Chief Minister of Kerala, Shri Oomen Chandy in the presence of Dr. Shashi Tharoor, the Hon’ble Union Minister of State for Human Resource and Development, Shri. V.S. Shivakumar, Hon’ble Minister of Kerala for Health and Family Welfare, Shri Sivankutty, M.L.A and Shri. Maheshwaran Nair, ward Councilor. Prof (Dr) Abhimanyu Kumar, Director General, CCRAS, New Delhi gave the welcome address and Shri. Bala Prasad, Joint Secretary, Dept. of AYUSH, New Delhi gave the key note address during the inaugural function.

CCRAS, NEW DELHI

Clinical Trials Monitoring: Dr. N Srikanth, Asstt. Director (Ay) and Dr. G. C. Bhuyan, Research Officer (Ay), CCRAS Hqrs. visited Ayurveda cancer Research Institute, (ACRI), Mumbai on 8.2.2014 for monitoring of Clinical Trials and other related issues. The monitoring team of the headquarters’ thoroughly enquired the issues related to execution of the on-going clinical trial viz.; Clinical Evaluation of Pranadagutika and Abhyarishta in the Management of Arsha (Haemorrhoids) and about other allocated projects. The team offered certain suggestion for improving the quality of research output. Dr. R. Govind Reddy, Research Officer (Scientist-3) I/C Ayurveda cancer Research Institute, (ACRI), Mumbai and his team extended their co-operation.

APPOINTMENT / PROMOTIONS / RETIREMENTS ETC.

- Sh. Sanjay Kumar joined as Deputy Director (Admn.) at CCRAS, Hqrs. on deputation basis on 21.03.2014.
- Sh. Ramajatan Manjhi, Assistant, CCRAS, Hqrs. retired on 31.01.2014.
- Sh. B. Hanumantha, Attendant, NADRI, Bangalore, retired on 28.02.2014.

KNOW OUR INSTITUTE

AYURVEDA REGIONAL RESEARCH INSTITUTE, ITANAGAR



Ayurveda Regional Research Institute, Itanagar

Background and Mandate of the Institute: ARRI, Itanagar was established in the year 1979 as a constituent Regional Research Centre under CCRAS with OPD and survey of Medicinal Plants in Arunachal Pradesh for financial and technical assistance. This institute started functioning in its existing premises from the year 1987 with 10 bedded Hospital, Mobile Clinical Research Unit, Community Health Research Programme, Survey of Medicinal Plants and Medicinal Plants Garden. Currently the Institute is engaged in Clinical research, Tribal Health Care Research, Medico-ethno Botanical Survey, Cultivation of medicinal plants and also maintaining a demonstrative medicinal garden. Besides, the Institute is extending Health care services through OPD and Geriatric Clinic.

Activities and Achievements: The achievements comprise clinical studies on Chronic and life style related disorder viz. Amavata, Gridhrasi, Madhumeha, Tamakswasa, Vyanbala Vaisamya, Vishamjwara etc. The research outcome of Medico-ethno botanical programmes and tribal health care programme has been published in National and International Journals. The Demonstrative Medicinal Plants Garden of the Institute cultivated and maintaining important plants viz. Agar, Amlaki, Arjuna, Ashoka, Brahati Guduchi, Haritiki, Naga Keshara, Sariva, Sarpagandha, Shatavari, Shyonaka, Ushira, Vai Bidang etc. Further, Agrotechnique of plants viz. Dhataki, Shyonaka and Vai Bidang have been developed and published in International journals. About 100 research papers have been published and presented in National and International journals and seminar/ workshops etc.

The Institute received several awards viz. State Best Institutional Award during 2002, Bharat Shiksha Ratan, Rashtra Ratan, Glory of India, Life Time Educational Excellence and Indira Gandhi Sadbhawana Awards etc.

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